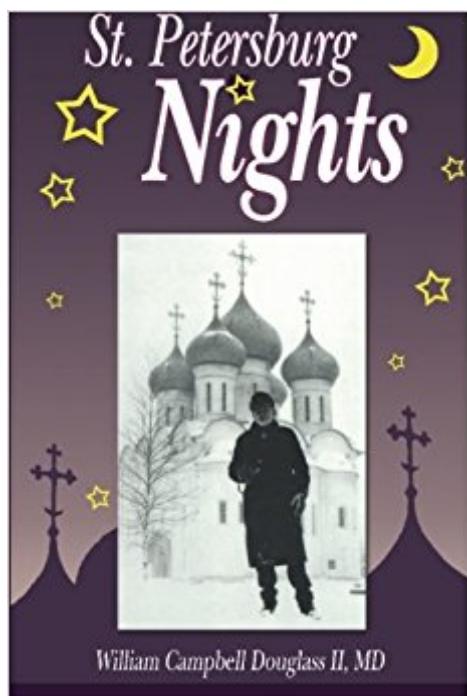


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St. Petersburg Nights: Enlightening Story Of Life And Science In Russia



Synopsis

Experience Dr. Douglass travels and research in Russia, and his humorous, romantic and intriguing experiences. Russia is not 'The Evil Empire' when it comes to freedoms to practice 'alternative' (integrative) medicine, such as light therapies. In that regard, the Russians are light-years ahead of America

Book Information

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Dr. Douglass reveals medical truths, and deceptions, often at risk of being labeled heretical. He is consumed by a passion for living a long healthy life, and wants his readers to share that passion. Their health and well-being comes first. He is anti-dogmatic, and unwavering in his dedication to improve the quality of life of his readers. He has been called "the conscience of modern medicine," a "medical maverick," and his medical experiences are far reaching-from battling malaria in Central America - to fighting deadly epidemics at his own health clinic in Africa - to flying with U.S. Navy crews as a flight surgeon - to working for 10 years in emergency medicine in the United States. This dedicated physician has repeatedly gone far beyond the call of duty in his work to spread the truth about integrating the best science-based medical therapies from all medical disciplines ("alternative medicine"). For a full year, he endured economic and physical hardship to work with physicians at the Pasteur Institute in St. Petersburg, Russia, where advanced research on photoluminescence was being conducted. These learning experiences and his keen storytelling ability and wit make Dr. Douglass' numerous books on this website and his newsletters - The Douglass Report and Daily Dose - uniquely interesting and fun to read. He shares his no-frills, "no-bull" approach to health

care, often amazing his readers by telling them to ignore many widely-hyped good-health practices (like staying away from red meat, avoiding coffee, and eating like a bird), and start living again by eating REAL food, taking some inexpensive supplements, and doing the pleasurable things that make life livable. Readers of Dr. Douglass' books and newsletters get all this, plus they learn how to burn fat, prevent heart disease and cancer, boost libido, and so much more. And Dr. Douglass is not afraid to debunk latest research reports that are published, and share the real story with his readers. He has led a colorful, rebellious, and crusading life! Not many physicians would dare put their professional reputations on the line as many times as this courageous healer has. A vocal opponent of "business-as-usual" medicine, Dr. Douglass has championed patients' rights and physician commitment to wellness throughout his career.

Definitely enlightening. Gained a lot of knowledge here.

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