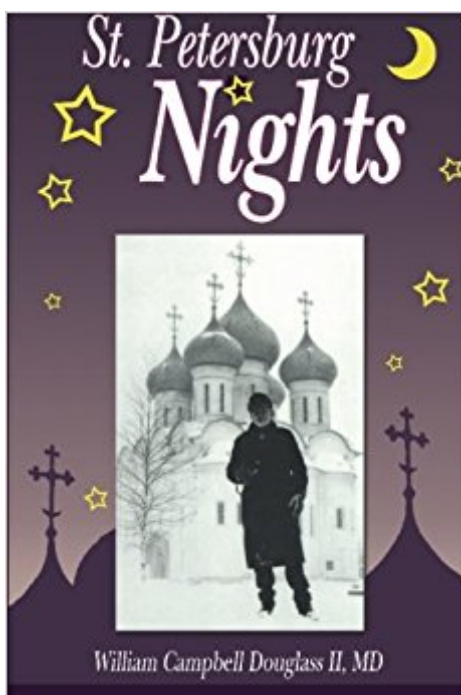


The book was found

St. Petersburg Nights: Enlightening Story Of Life And Science In Russia



Synopsis

Experience Dr. Douglass travels and research in Russia, and his humorous, romantic and intriguing experiences. Russia is not 'The Evil Empire' when it comes to freedoms to practice 'alternative' (integrative) medicine, such as light therapies. In that regard, the Russians are light-years ahead of America

Book Information

Paperback: 286 pages

Publisher: Rhino Publishing, S.A. (July 2, 2003)

Language: English

ISBN-10: 9962636345

ISBN-13: 978-9962636342

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #4,542,564 in Books (See Top 100 in Books) #54 in [Books > Travel > Asia > Russia > St. Petersburg](#) #760 in [Books > Travel > Asia > Russia > General](#) #6917 in [Books > Biographies & Memoirs > Professionals & Academics > Medical](#)

Customer Reviews

Dr. Douglass reveals medical truths, and deceptions, often at risk of being labeled heretical. He is consumed by a passion for living a long healthy life, and wants his readers to share that passion. Their health and well-being comes first. He is anti-dogmatic, and unwavering in his dedication to improve the quality of life of his readers. He has been called "the conscience of modern medicine," a "medical maverick," and his medical experiences are far reaching-from battling malaria in Central America - to fighting deadly epidemics at his own health clinic in Africa - to flying with U.S. Navy crews as a flight surgeon - to working for 10 years in emergency medicine in the United States. This dedicated physician has repeatedly gone far beyond the call of duty in his work to spread the truth about integrating the best science-based medical therapies from all medical disciplines ("alternative medicine"). For a full year, he endured economic and physical hardship to work with physicians at the Pasteur Institute in St. Petersburg, Russia, where advanced research on photoluminescence was being conducted. These learning experiences and his keen storytelling ability and wit make Dr. Douglass' numerous books on this website and his newsletters - The Douglass Report and Daily Dose - uniquely interesting and fun to read. He shares his no-frills, "no-bull" approach to health

care, often amazing his readers by telling them to ignore many widely-hyped good-health practices (like staying away from red meat, avoiding coffee, and eating like a bird), and start living again by eating REAL food, taking some inexpensive supplements, and doing the pleasurable things that make life livable. Readers of Dr. Douglass's books and newsletters get all this, plus they learn how to burn fat, prevent heart disease and cancer, boost libido, and so much more. And Dr. Douglass is not afraid to debunk latest research reports that are published, and share the real story with his readers. He has led a colorful, rebellious, and crusading life! Not many physicians would dare put their professional reputations on the line as many times as this courageous healer has. A vocal opponent of "business-as-usual" medicine, Dr. Douglass has championed patients' rights and physician commitment to wellness throughout his career.

Definitely enlightening. Gained a lot of knowledge here.

[Download to continue reading...](#)

St. Petersburg Nights: Enlightening Story of Life and Science in Russia Saint Petersburg 25 Secrets - The Locals Travel Guide For Your Trip to St Petersburg (Russia) 2016: Skip the tourist traps and explore like a local : Where to Go, Eat & Party in Saint Petersburg Top 20 Places to Visit in Russia - Top 20 Russia Travel Guide (Includes Moscow, St. Petersburg, Kazan, Nizhny Novgorod, Kaliningrad, Lake Baikal, Sochi, & More) (Europe Travel Series Book 33) Arabian Nights: Four Tales from a Thousand and One Nights (Pegasus Library) Five Nights at Freddy's: The Silver Eyes: Five Nights at Freddy's, Book 1 Conversations with Anne Rice: An Intimate, Enlightening Portrait of Her Life and Work White Nights Journey: From Moscow to St. Petersburg The Serpent Power: The Ancient Egyptian Mystical Wisdom of the Enlightening Life Force Exploring Moscow & St. Petersburg, 2nd Edition (Fodor's Exploring Moscow and St Petersburg) Moon Tampa & St. Petersburg (Moon Tampa and St. Petersburg) Frommer's Comprehensive Travel Guide: Tampa & St. Petersburg (Frommer's Tampa and St Petersburg) Saint Petersburg Unanchor Travel Guide - St Petersburg in Three Days St Petersburg PopOut Map: pop-up city street map of St Petersburg city center - folded pocket size travel map with transit map included (PopOut Maps) St Petersburg (Lonely Planet St. Petersburg) St. Petersburg: The Rough Guide, Third Edition (St Petersburg (Rough Guides), 3rd ed) Moscow-St. Petersburg (Nelles Guide Moscow/St. Petersburg) Tampa/St. Petersburg (City-Smart Guidebook Tampa/St Petersburg) The Single Guy's First Trip To Russia: Helping you meet Russian girls on your first vacation to Moscow and Saint Petersburg. Russia. St. Petersburg, Moscow, Kharkoff, Riga, Odessa, the German Provinces on the Baltic, the Steppes, the Crimea, and Interior of the Empire From St. Petersburg to Moscow: Cruising Russia's Waterways

Contact Us

DMCA

Privacy

FAQ & Help